



NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

DIAGNOSIS: \_\_\_\_\_

CODE(S): \_\_\_\_\_

**Upper Extremity/Hand Therapy**

FREQUENCY & DURATION OF TREATMENT: \_\_\_\_\_ TIMES PER WEEK FOR \_\_\_\_\_ WEEKS

**EVALUATE & TREAT**

**PER THERAPIST DISCRETION**

**Manual Therapy**

- Soft Tissue / Myofascial Mobilization
- Joint Mobilization

**Scar/Edema Management**

- Scar Management / Mobilization
- Edema Management / Mobilization
- Wound Care
- Desensitization

**Modalities**  Per Therapist Discretion

- Moist Heat / Cryotherapy
- Ultrasound
- Electrical Stimulation
- Iontophoresis with Dexamethasone
- Fluidotherapy
- Paraffin
- Vasopneumatic RX
- NMES

**Splinting** \_\_\_\_\_

**Orthotic Fabrication & Fitting** \_\_\_\_\_

**Therapeutic Exercise**

- Range of Motion: PROM / AAROM / AROM
- Strengthening: Isometric / Progressive Resistive
- Core Strengthening

**Neuromuscular Re-education**

- Proprioceptive Training
- Posture Re-education
- Sensory Re-education

**Industrial Rehab**

- Work Conditioning/Hardening
- Body Mechanic Training
- Functional Job Training

Special Instructions: \_\_\_\_\_

By signing below, I certify that the above treatment plan is medically necessary.

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**DO NOT EMAIL PRESCRIPTION** The electronic prescription form is provided for your convenience. With respect to responding to this form, please do not send the prescription via email. Please populate, print and sign a hardcopy that may be faxed, mailed or hand delivered to the clinic.

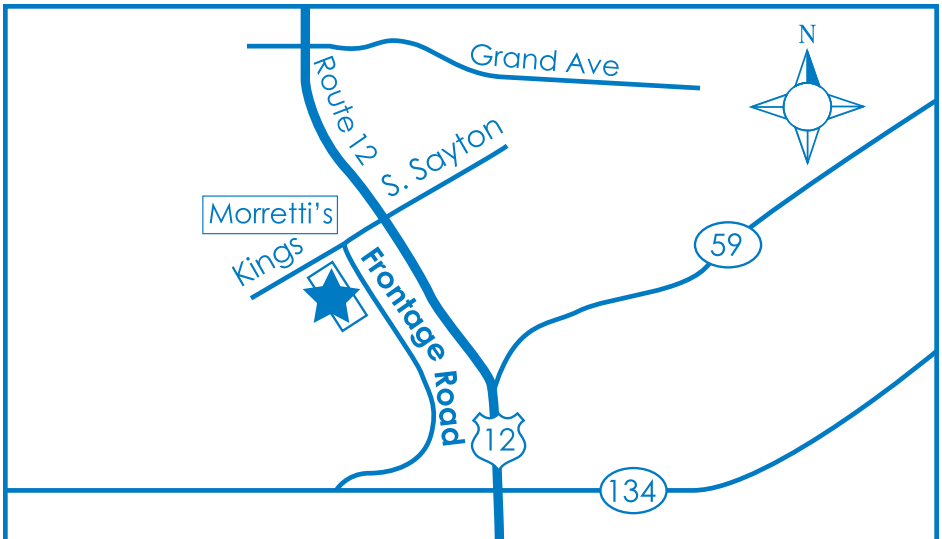


# dynamic

## HAND THERAPY

and Rehabilitation

[www.dynamichandpt.com](http://www.dynamichandpt.com)



### Fox Lake

498 S. Route 12, Suite C, Fox Lake, IL 60020

**847.587.3301 tel 847.587.3346 fax**

#### **JUST A REMINDER:**

- Please bring this referral slip with you on your first visit.
- Please arrive 15 minutes before your scheduled appointment to complete the necessary paperwork.
- The evaluation (1st visit) usually lasts 1 hour.

#### **WHAT TO WEAR:**

- Please wear comfortable clothing.